

## LIABILITY WAIVER FORM FOR STAND UP PADDLEBOARD (SUP) YOGA

I, \_\_\_\_\_ (print name), acknowledge that I have voluntarily chosen to participate in Stand Up Paddleboard (SUP) Yoga, also known as "SUP Yoga", offered by Waterfly Borneo Travel and Tours Sdn Bhd, hereafter referred to as "Waterfly Borneo". I understand that SUP Yoga involves performing yoga poses on a stand-up paddleboard while on water, which presents certain risks and hazards.

I acknowledge that the following risks are associated with SUP Yoga, including but not limited to:

1. Falling into the water, which may result in injury, including but not limited to cuts, bruises, sprains, fractures, or drowning.
2. Exposure to sun, wind, and cold water temperatures, which may lead to sunburn, hypothermia, or other weather-related illnesses.
3. Collisions with other participants, objects, or wildlife, which may cause injury or harm.
4. The unpredictability of water, including waves and ripples, which may make it difficult to maintain balance and control on the paddleboard.
5. The possibility of equipment failure or malfunction, which may increase the risk of injury or harm.

I confirm that I am in good health and physical condition to participate in SUP Yoga. I understand that it is my responsibility to consult with a medical professional regarding any pre-existing medical conditions or concerns that may affect my ability to participate safely.

I acknowledge that I am voluntarily participating in this activity at my own request and that I assume all risks associated with SUP Yoga. I agree to follow all instructions given by the Waterfly Borneo SUP Yoga instructor and to use all equipment provided safely and responsibly.

I hereby release and hold harmless Waterfly Borneo, its owners, employees, agents, and affiliates, from any and all liability, claims, demands, or causes of action, arising out of or in any way connected with my participation in SUP Yoga. This includes, but is not limited to, any claims for personal injury, property damage, or wrongful death that may arise as a result of my participation.

I acknowledge that I have read and fully understand this Liability Waiver Form for Stand Up Paddleboard (SUP) Yoga, and I sign it voluntarily and with full knowledge of its significance.

Participant's Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

